CLAIMS

What is claimed is:

- 1. A therapeutic instrument, which is characterized in that it is usable to apply mechanical stimuli alone or electric stimuli together with mechanical stimuli individually to each of the plurality of points on the body surface related to treating somatic disorders, it constitutes of supporting medium for wearing it on body and conductive projections lined on the inner surface of the said supporting medium to apply pressure on multiple regions of body surface where the said projection has a hole on the bottom face which accepts an electrode terminal of compatible shape and size.
- 2. The therapeutic instrument of the claim 1, wherein said mechanical stimuli is pressure to body skin surface.
- 3. The therapeutic instrument of the claims 1 or 2, wherein the said electric stimuli are of low frequency or high frequency stimuli.
- 4. The therapeutic instrument of the above claim 1 or 2, wherein the hole on the bottom surface of the said protrusion has larger diameter at the deep portion than at the entry of the hole.
- 5. The therapeutic instrument of the above claim 1 or 2, wherein the said protrusion constitutes of a convex part and a base part that are connected to each other, holding the supporting material in between them.
- 6. The therapeutic instrument of claim 1 or 2 which is characterized by the said supporting material being bands, supporters, body suites, spectacle frames, goggle frames, or circum-ocular pads.